

**SATURDAY NIGHT BANQUET &
ENTERTAINMENT AT THE HOTEL**
5:30 - 8:30PM

"Murder at the Hardknock Café"

Join us for an unforgettable evening of fun, food, and mystery! This interactive banquet features Murder at the Hardknock Café, where you'll become part of the action. To make the night even more exciting, we encourage everyone to come dressed as their favourite music star

ACCOMODATION

Conference Rate Available at
Best Western Stoneridge Inn (breakfast included)

Book soon — limited availability!

Scan the QR Code to view rates
& book your room
or call (519) 652-6022



Save on accommodation by booking together — the hotel allows up to 4 guests per room; simply select "Edit Stay" when booking online.
For booking tips, visit our website:
WWW.CAPNM.CA

Register and submit payment by
February 28, 2026 to qualify for
early bird registration

REGISTRATION	COST
Full Registration (Before Feb 28th)	\$325.00
Full Registration (After March 1st)	\$350.00
Student Registration	\$250.00
Extra Dinner/Theater Ticket	\$45.00
One Day Registration	\$175.00
REGISTER HERE www.capnm.ca/register	

Full registration includes welcome reception, all events, breaks, two lunches, banquet & entertainment Saturday night.

*Cost of conference does not include accommodations & Friday night supper.
(Restaurant on-site. Early reservation required!)

SCAN QR CODE TO REGISTER



Registration Deadline: April 12, 2026

*Saturday one Day Registration does not include the dinner/Theater.



**Mental Health in
Ministry:
Faith in Action**
BIANNUAL CAPNM

Conference



APRIL 24-26, 2026

Best Western Stoneridge Inn
Colonel Talbot Road
London, Ontario

Who Should Attend:

Anyone involved in ministry or passionate about supporting mental health and wellness initiatives within their faith community.

Benefits of Attending:

Variety of speakers focusing on vulnerable individuals. Opportunity to network with others. Interactive Labyrinth presentation. Receive toolkit of resources to utilize in your faith community. Displays on relevant research and programs in other faith communities.

Meet our Keynote Speakers!



BRYANA RUSSELL, MATS

Director, Engagement; Interim Director, Development,
Sanctuary Mental Health Ministries



JENNIFER BOWEN, MDiv RMFT, RP

Executive Director,
SHALEM Mental Health Network



ANGELA TOWNEND, MSW, RSW

Toldo Research Chair/Human Formation
Counselor, St. Peter's Seminary

The Canadian Association for Parish Nursing Ministry (CAPNM) is committed to the development of parish nursing as a health and ministry resource within Canada.

 admin@capnm.ca

 1- 226-221-7236

Conference Schedule

**THURSDAY, APRIL 23- EVENING –
REGISTRATION & MEET AND GREET**

FRIDAY, APRIL 24- DAY ONE

8:00am – 8:45am: Registration

8:45am – 9:00am: Reflection & Opening Prayer

9:00am – 10:00am: Identifying the Vulnerable,
Melanie Howard, CMHA

10:00am - 10:30am - BREAK

10:30am – 12:00: Key Note speaker - Bryana Russell - Seen, Heard, and Beloved; Equipping communities of faith to support mental health and wellbeing.

12:00- 12:15pm: Pam D'Andre, Chair of the
World Forum for Parish Nursing

12:15- 1:30 LUNCH & Prayer Walk

1:30pm – 3:00pm: Jennifer Bowen- The Elephant in the Pew - how churches can make space for mental health conversations

3:00pm – 3:30pm: BREAK

3:30pm – 4:15pm: Focus on working with the un-homed population, Sarah Campbell, Ark Aid Mission

4:15pm: Closing thoughts & prayer

**7:00pm- 9:00pm Foundations in Parish
Nursing Anniversary Gathering.**

All are welcome.



SATURDAY, APRIL 25- DAY 2

8:30am – 9:00am: Registration

8:45am – 9:00am: Reflection and Prayer

9:00am – 10:30am: Parish Nursing: A Path to
Spiritual and Personal Wellness– Angela
Townend

10:30am - 11:00am: BREAK

11:00am– 12:00pm: Faith Based Strategies for
coping with anxiety - Rev'd Stephen Yeo,
MDiv, South West Center for Forensic Mental
Health

12:00pm- 1:00pm LUNCH

1:00pm – 2:00pm: Best Practice Guidelines
and tools- Sabrina Merali RNAO

2:00pm – 2:30pm: Sharing of Parish Nursing
Faith In Action to Address Mental Health
Needs - Lily Cagliari-Kobayashi, Parish Nurse
2:30pm: Closing remarks & Closing prayer.

3:00pm – Bus to St Paul's Cathedral

3:30pm – 5:00pm: Labyrinth Practice – Rev
Stephen Yeo & Rev. Dr. Kevin George
5:00pm: Return to Hotel

**6:00pm - 9:00pm- Dinner & Musical Mystery
Production**

SUNDAY, APRIL 26- DAY 3

9:30am – 10:30am: Ecumenical Service in the
Rose Chapel (on site)

10:30am – 11:00am - Conference Closing.