

Parish Nurses provide Primary Health Care by:

- Assessing health through a wholistic perspective, including the context of family & community systems
- Strengthening the faith community's response to health, safety & the social determinants of health
- Assessing, monitoring & making recommendations in chronic disease management
- Making referrals to appropriate health system resources
- Facilitating social networks & community support for those experiencing illness, loss or disability
- Instilling hope & enhancing coping skills through spiritual strengths & resources



Primary Health Care Definition:

Primary health care focuses on the way services are delivered and emphasizes that people should be at the centre of health care. The five core principles of primary health care are:

Active public participation

Accessibility

Health promotion & chronic disease prevention and management

Technology & innovation

Cooperation & collaboration

Reference: *CNA Now – June 2015*
on-line @ www.cna.com

Parish Nurses **encourage individuals** to be active partners in making choices about their health and their healthcare.

Parish Nurses **actively support people** to access appropriate health system resources and services, across the complete continuum of care.

Parish Nurses **empower individuals** and the faith community to take responsibility for their own health, emphasizing health education and healthy lifestyle choices.

Parish Nurses **influence** the social determinants of health by working on issues related to social justice, strengthening social networks, and fostering community partnerships.

The Parish Nurse:

- Is a Registered Nurse who in response to God's calling, applies nursing knowledge and healing gifts within a faith community
- Has undertaken additional education in Parish Nursing for this specialized role
- Maintains registration and license to practice in the appropriate jurisdiction(s)
- Maintains other professional memberships & professional network relationships

Contact **The Canadian Association for Parish Nursing Ministry** for more information about Parish Nursing, Parish Nursing education, resources, or the Parish Nurse's role in Primary Health Care.

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Primary Health Care...

Parish Nurses play an important role.



The Parish Nurse's Role in Primary Health Care



The Canadian Association for Parish Nursing Ministry